

INTRO NOTES:

*“For as a man thinks within himself, so he is.” Proverbs 23.7*

2 Corinthians 10.3-6 NASB

**1. We do not war according to your flesh (v.3)**

**2. We have Supernatural Tactics**

**3. God Powered - Power**

- a. Destruction of fortresses
- b. Destroying Speculations
- c. Destroying Every Lofty Thought (hypesoma)
- d. punish Disobedience by Obedient

**How to overcome destructive thoughts and destroy them**

**1. Ask God to show you where you are.**

**2. Submit your thoughts to Christ**

**3. Identify destructive thoughts**

**4. Intentional monitor what goes in**

(Junk in, Junk out) TV, Netflix, computer, social media time, flat out filth

**5. Intentionally Begin to allow your mind to be transformed (Romans 12.2)**

- Give your life to God The Word of God
- Solitude
- Thankfulness
- Talking to God
- Talking to others about God
- Worship
- Small groups
- Serve others
- Enjoy creation

This will help us live Philipians 4.8

**6. Repeat Daily**

## Sermon Discussion Questions: Living an Overcoming Life | Overcoming Destructive Thoughts

November 7-8, 2020

Pastor Nate Elarton | Compelled Church

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1. Pastor Said the greatest spiritual battle we face is within us, as that affects our behavior, attitude, choices. Do you believe that is true? Why or why not? How do we see this in our culture?
2. Read Romans 12.2 and discuss the verse and why this is very important for God's people.
3. Read Together 2 Corinthians 10.3-6
4. How do we "war in the flesh" or try in our own strength to deal with destructive thoughts?
5. What have you done that does not work?
6. Talk about the supernatural tactics God has given us. Are any of these new?
7. What lying "fortified positions" were in you when you came to Christ?
8. Spend the rest of your time discussing the steps to overcoming destructive thoughts. Have you done these in another way? Why are the suggestions in #5 so important?

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*"Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things." (Philippians 4:8, NASB95) '*

**6. Repeat Daily**