

**NOTES:**  
**Emotionally Healthy Spirituality | Maturity in Christ**  
**Compelled Church, October 16-17, 2021**

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**The measure of Christian maturity is love**

Our Mission at Compelled Church is to: **Love God, Love People, and Serve the World**

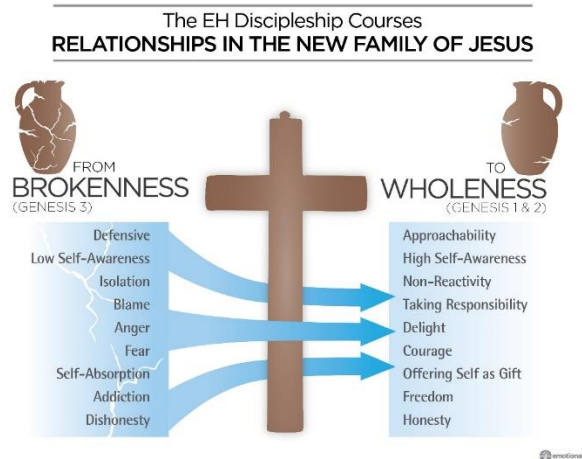
*“AND YOU SHALL LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, AND WITH ALL YOUR SOUL, AND WITH ALL YOUR MIND, AND WITH ALL YOUR STRENGTH.” “The second is this, ‘YOU SHALL LOVE YOUR NEIGHBOR AS YOURSELF.’ There is no other commandment greater than these.”* (Mark 12:30–31, NASB95)

*“For Christ’s love compels us, because we are convinced that one died for all, and therefore all died.”*

(2 Corinthians 5:14, NIV)

*“Let us consider how to stimulate one another to love and good deeds, not forsaking our own assembling together, as is the habit of some, but encouraging one another; and all the more as you see the day drawing near.”*

(Hebrews 10:24–25, NASB95)



**I=It**

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Distracted, Goal Orientated  
Others are objects and extension of us  
Judgmental with conditional acceptance  
Monologue and debate positions  
Withhold true self, limited sharing  
Closed, unwilling to learn or change

**I= Thou**

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Attentive, Listen-orientated  
Others are persons, unique and separate  
Nonjudgmental and radical acceptance  
dialogue, exploration, curiosity, wonder  
Vulnerable, and offering of myself  
Open, willing to learn new views, to change

**Three questions to ask ourselves to evaluate if we are loving.**

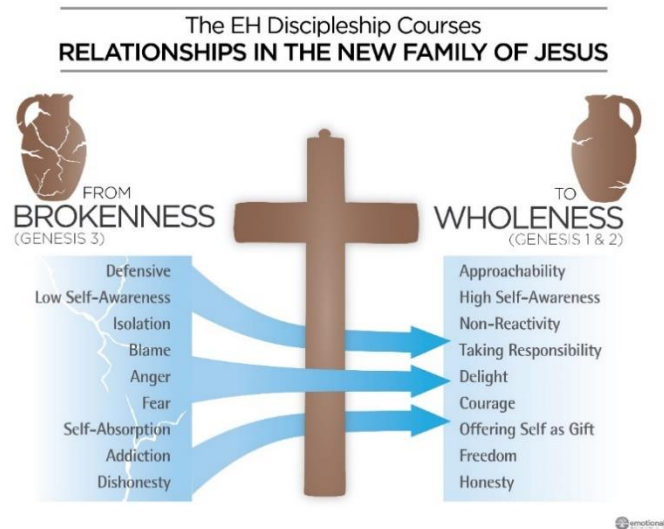
1. Am I listening incarnationally? Am I fully present with others or distracted
2. Am I loving or judging? Are you a judgaholic? Do you want to be a recovering judgaholic?
3. Am I open or closed to being changed?

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**Sermon Discussion Questions:**  
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1. What are some things Pastor does not equate to spiritual maturity?
2. What did he say is the measure of true spiritual maturity?
3. Our mission at Compelled Church is to: Love God, Love People, and Serve the World.  
Why did he say there is a lot of love in that statement?
4. Read Mark 12.30-31 and discuss how to love God and love our fellow people?
5. Read Hebrews 10.24-25. What are some observations?  
  
How are we to encourage each other? What are we to encourage each other in?  
What does it look like to encourage someone to love? How does getting together and love connect?
6. Why is judging such an unloving pattern in one's life? What did pastor say? What did Jesus say?
7. Look at the Pic below. How is Jesus taking you from the right to the left? How can we move to wholeness?



8. We withhold love and justify it, based on these unspoken assumptions....
  - It is bad to have differing views.
  - You must see the world as I do.
  - I can't stay in relationship with you if you continue to believe wrong things.Do you believe this is true? How common and accepted is this?

9. Close in prayer, praying 2 Corinthians 5.14