

Wendy's Reflections:

Psalm 16

God is our Refuge

"Preserve me, O God, for I take refuge in You." (Psalm 16:1, NASB95)

Apart from God

"I said to the LORD, "You are my Lord; I have no good besides You."" (Psalm 16:2, NASB95)

Lean into the counsel of the Lord

"I will bless the LORD who has counseled me; Indeed, my mind instructs me in the night." (Psalm 16:7, NASB95)

Keep the Lord ever before you.

"I have set the LORD continually before me; Because He is at my right hand, I will not be shaken." (Psalm 16:8, NASB95)

"Therefore, my heart is glad and my glory rejoices; My flesh also will dwell securely. For You will not abandon my soul to Sheol; Nor will You allow Your Holy One to undergo decay. You will make known to me the path of life; In Your presence is fullness of joy; In Your right hand there are pleasures forever."

(Psalm 16:9–11, NASB95)

What Blessings come with a Life with God?

Sermon Discussion Questions for Continued Contemplation: Sabbatical Reflections | Psalm 16
Compelled Church | Pastor Nate & Wendy Elarton | July 23-24, 2022

Use these thoughts and questions to go deeper. Get your Bible and turn to Psalm 16. Read the Psalm out loud.

God is our Refuge *“Preserve me, O God, for I take refuge in You.”* (Psalm 16:1, NASB95)

- Is there a time in the week you need a refuge and don't realize it?
- Are there other “things” you go to when you really need to retreat to God?

Apart from God *“I said to the LORD, “You are my Lord; I have no good besides You.””* (Psalm 16:2, NASB95)

- What are you working so hard for?
- What do you want to attain? What will that do for you and your family? What about verse 2?

Lean into the counsel of the Lord

“I will bless the LORD who has counseled me; Indeed, my mind instructs me in the night.” (Psalm 16:7, NASB95)

- What ways do you receive the Lord's “counsel?” His direction? His guidance?
- Have you thought of doing a night time prayer or reading to get your mind on God before sleep?
- Ever read a “compline?”

Keep the Lord ever before you. *“I have set the LORD continually before me; Because He is at my right hand, I will not be shaken.”* (Psalm 16:8, NASB95)

- How do you do this for yourself?
- How do you do this for your kids or grandkids?
- What is going on when the Lord isn't on your mind?
- Would taking time at noon and saying a prayer, reading a psalm help?

Blessings

“Therefore, my heart is glad, and my glory rejoices; My flesh also will dwell securely. For You will not abandon my soul to Sheol; Nor will You allow Your Holy One to undergo decay. You will make known to me the path of life; In Your presence is fullness of joy; In Your right hand there are pleasures forever.”

(Psalm 16:9–11, NASB95)

What Blessings come with a Life with God? List them according to this verse and pray about them.